

A close-up photograph of a man and a young girl. The man, on the left, is shown in profile, smiling warmly at the girl. The girl, on the right, is looking up at him with a joyful, open-mouthed laugh. They are outdoors, with soft, out-of-focus greenery and sunlight in the background, creating a warm and intimate atmosphere.

Reform - Resource Centre for Men

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Gender equality needs men, and
men need gender equality



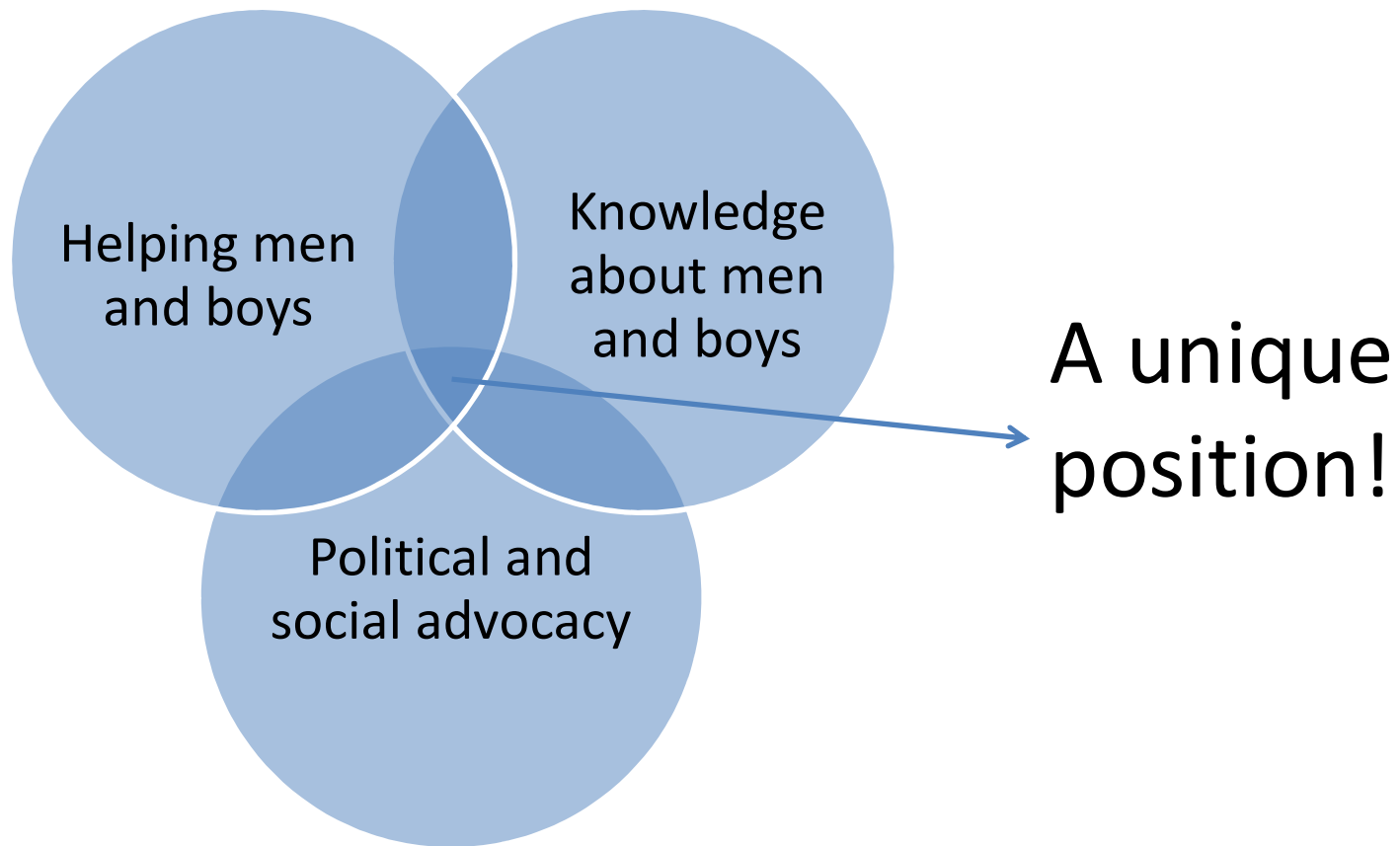
reform
RESSURSENER FOR MENN

WHO WE ARE

- Non-profit NGO
- National center for knowledge on men and boys since 2002
- State funding and project funding
- 6 full-time employees, 3 part-time
- 25 volunteers



WHAT WE DO



Stop the Dating Violence



Background

- 1 of 10 Norwegian women are raped
- 50% raped before they are 18 years
- They are raped by a close acquaintance
- It's a gender equality Issue

Related Projects

1. Partnership with GERT, Bulgaria, on dating violence among youth
 2. Stop dating violence – immigrant youth
- Past project in schools (2011)
 - Summer flirt

Quiz



- Youth believe that their peers start having sex at earlier than they actually do.
- Average in Norway
Boys: 18
Girls: 17

- **What is violence?**

- Explore the youths knowledge about the topic.
- Connected to bullying in schools.

Violence

- Physical violence
- Emotional / psychological violence
- Material / environmental violence
- Sexual violence
- Financial violence
- Latent violence
- Explain the different forms of violence to the youth
- Inform them that they are often connected

What is important to you in a dating relationship?



- Explore what they want in a healthy relationship
- Come up with the positive values that they want in a partner
- Often, the values are the same as with a best friend

Warning signs in a dating relationship

- Jealousy
- Controlling behavior
- Not keeping one's word
- Power
- Lies
- Derogatory treatment
- Cheating
- Badmouthing
- We look at the contrasts between what they want in a healthy relationship and what is common in unhealthy ones.
- When does jealousy become controlling?
- Focus on sharing feelings with your partner

Rape – or «Blame it on the booze»?

- Rape and being under the influence of alcohol or drugs are an important topic to cover.
- Youth in Norway often have questions related to this topic
- “Is it rape if we both don’t remember everything?”
- “Is it rape if I regret having sex?”

When do you become a perpetrator?

- You're at a party and fall for a girl.
- You both drink quite a bit and you get drunk.
- She wants to go to bed and you lie down next to her.
- This first example is used to explore what's ok and what's not ok
- That its important to talk about concrete examples
- To help the youth prepare for different situations

When do you become a perpetrator?

You ask: «Do you want to have sex?»

- a) She says: «No»
- b) She is too drunk to reply
- c) She is sleeping
- d) She replies «meh. . .»
- e) She says something you can't quite make out
- f) She replies: «Yes»... And after a while she says **stop**

- We focus on the more unclear reply's
- Discuss with the youth what “meh” means to them?
- How easy is it to say stop, after you have begun to have sex?

Rape – legal definition

When a person

- Obtains sexual intercourse through the use of violence or threatening behavior; or
 - Has sexual intercourse with a person who is unconscious or for other reasons cannot object to the act; or
 - Through the use of violence or threatening behavior makes someone else have sexual intercourse with another person, or perform similar acts with him- or herself.
- We often highlight that violations also can happen online, via webcam or other measures.
 - We inform the youth what is within the legal definition of rape.

Only yes means yes

- Important to explore the topic of consent
- What does consent mean to the youth?
- Especially, what is an enthusiastic consent?
- Video: Tea cup (Consent)

Recommendations

- Mainstreaming – cover whole areas
- Mandatory, closed settings
- Mixed-gender groups
- Dialogue

Thank you!

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